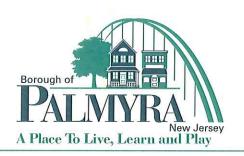
Gina Ragomo Tait Mayor
Borough Council
Timothy Howard President
Brandon Allmond
Laura Craig Cloud
Farrah Jenkins
Michelle McCann
Bernadette Russell



John J. Gural Borough Administrator Doretha R. Jackson Municipal Clerk Donna Condo Chief Financial Officer

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March 16, 2020

Dear Neighbor,

I am writing today to all of our Seniors to let you know that I am concerned about you and your health and to remind everyone that your safety is my top priority and always on my mind.

As everyone is now aware, Coronavirus is a serious health risk especially for senior citizens and other persons at higher-risk of severe illness.

If you are 60 years of age or older, or have underlying health conditions including heart disease, lung disease, or diabetes, or have a weakened immune system, you are especially vulnerable.

High risk persons should avoid large groups of people as much as possible. This includes gatherings such as concert venues, conventions, church services, sporting events, and crowded social events. People at high risk should also avoid cruise travel and non-essential air travel.

And if at all possible please avoid coming into Palmyra Borough Hall to pay your taxes or sewer bill! Borough Hall is a public building and accessed by many people during the day and I am concerned about your health. Use the drop box located outside the front door or simply mail your payments to us instead. We'll make sure to credit your payment promptly and accurately and mail you a receipt if requested. If you have access to the internet you can always pay online too by going to our website at www.boroughofpalmyra.com and selecting the appropriate link on the left side of our homepage. Much more about Coronavirus including closings and cancellations of events can also be found on our website as well. Simply put, stay home please and stay safe! I've enclosed a simple to read precautionary guide for older adults provided by CNN for you as well.

If you have any questions or concerns or if I or the staff at Palmyra Borough Hall can be of any assistance whatsoever, please call me at (609) 471-4512 or call Borough Hall at (856) 829-6100 and ask for Rita Jackson, our Municipal Clerk. We'll do whatever we can to assist.

You can also call the Burlington County Health Department at (609) 265-5548 with any questions about Coronavirus, and, as always, in a health emergency please dial 911. Another good resource is the NJ Department of Health Coronavirus Call Center at 1-(800) 222-1222.

Thank you very much and please stay healthy! Your community values and appreciates you and so do I!

Yours truly,

Gina Ragomo Tait

Mayor, Borough of Palmyra

Developments are happening rapidly with the COVID-19 Coronavirus; since Mayor Gina Ragomo Tait prepared this letter to our senior citizens, Borough Hall and all Borough facilities and our schools have been closed.

Governor Murphy has also closed all casinos, restaurants, bars and movie theatres and imposed an 8:00 PM curfew. You should expect more closures in the near future.

Coronavirus is a serious health risk – please consider staying home, wash your hands frequently and by all means avoid crowds of any size especially if you have an underlying health issue like heart disease, lung disease, or diabetes.

If you need assistance Mayor Ragomo Tait wants to help; please feel free to call her at (609) 471-4512 or Palmyra Borough Hall at (856) 829-6100. If you have access to the internet please visit the Borough's website at www.boroughofpalmyra.com for the latest developments and updates.



Coronavirus and older adults: What to know and how to prepare

People ages 60 and up are at higher risk of novel coronavirus infection. Symptoms include fever, dry cough and difficulty breathing, and it's primarily spread between people. Here's how older adults can prepare and protect themselves from the novel coronavirus. This guidance comes from the Centrol and Prevention and Drs. Carla Perissinotto and Samir Sinha, both geriatricians.

Note: Recommendations for Covid-19 may change as officials learn more, so monitor your local health department and the CDC for updates.

By Scottie Andrew, CNN

Take precautions

- · Cancel non-essential doctor's appointments
- · Schedule telehealth sessions for appointments you can't miss
- · Designate an emergency contact
- Wash your hands frequently (scrub for 20 seconds with soap and water)
- · Use hand sanitizer when soap isn't available

Stock up

- Make sure you have enough groceries and household products to last you a "prolonged period of time" at home
- Prescription medication may be difficult to get ahead of time, so consider mail ordering

Travel

- · Avoid nonessential plane travel
- Don't go on a <u>cruise</u> cruise ship passengers are at a higher risk of infection

Life

- Stay at home as much as possible if you live in an area where there's an outbreak
- In public, avoid crowds and poorly ventilated buildings
- Keep several feet of distance from people
- · Wash your hands with soap after going in public
- · If you need to isolate, keep in touch with family and friends

Nursing homes

- Most long-term care facilities have pandemic plans
- Call facility staff for information on their plan
- If you're sick, do not visit a nursing home
- If you're visiting a nursing home in an outbreak area, get screened before entering
- Figure out an alternative mode of communication if a nursing home bans visitors

If you think you're sick

- Call your doctor before going in for a test
- Don't use public transportation and stay at home as much as possible
- Call a local coronavirus hotline for more information